

# Hunger

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“ One in 6 kids in America struggle with hunger.”

-nokidgohungry.org

Like you this fact shocked us. So, we have been doing some research and put together a plan we hope to put to action with your help.



# What is Happening?

Hunger is happening almost everywhere-including America. One of the wealthiest nations in the world!

Hunger is where you don't have enough money or resources to get food.

Hunger causes feelings of emptiness in the stomach, dizziness, faintness, lightheadedness, headaches, nausea, and, sadly much more.



# Why are people suffering?

In America, specifically Minnesota, people are struggling with hunger for one main reason. Growing cost of living. People can't afford to buy food, therefore they go hungry. Often times this includes their children. We are trying our best to help fix this.



# What can we do?

There are many shelters eager to help with this growing problem by giving out food. However the need is great. 508,130 people struggle with hunger in america. 163,070 of them are children.

Hopefully, with your help, we can help those who need it by donating to Second Harvest Heartland.



# Second Harvest Heartland

Second Harvest Heartland is an organization that helps with hunger. They serve millions of pounds of food each year to people in need. You can volunteer to help fill many, many peoples stomachs by: distributing fresh food, sort and repack up food, labeling food, and more. Two places you can find Second Harvest Heartland are: [7101 Winnetka Ave N, Brooklyn Park, MN 55428](#) Or [1140 Gervais Ave, St Paul, MN 55109.](#)

